



SWING FLING 2022



swingdancer.org/registration/120

swingfling.com/schedule

CURRENT AS OF AUGUST 9TH, 2022

THURSDAY

Luray Ballroom

STS Cirrus BCD

Cirrus A

Rockbridge

2pm	STS = Separately Ticketed Session	"Social Dance Tricks" \$100 Thibault & Nicole 2-6:30pm		2pm
8pm	"Get the Party Started" Thibault & Nicole	Welcome!	NWP Orientation Kay Newhouse	8pm
9pm	Dancing All Night Long		Open Dancing	9pm

Watch Live!
Hotel Channel 65
swingfling.com/live

FRIDAY

11am	Contests close 1 hr before the start of the session		"Barre for Westies" Move With Margie		11am
12pm	"Wake Up Swinging" Glenn & Emily		"Switch" Stephen & Lia	"Triples to the Music" Steve & Lara (All Levels)	12pm
1pm	Open Dancing				1pm
2pm	"Not Your Average Push Break" Greg & Lemery		"Hit the Song" (L2) Glenn & Emily	"Fantastic Passes"(L1) Hugo & Stacy	2pm
3pm	Open Dancing				3pm
4pm	ProAm J&J	Followers: Newcomer/Novice, Intermediate			4pm
5pm	Strictly Swing	Newcomer/Novice, Intermediate, Sophisticated, Masters, Bridge The Gap, Advanced			5pm
6pm	Closed		"Dramatic Whips" Gary & Susan (L3)	"Starter Steps & Closed Position" (L1) Steve & Lara	6pm
7pm	"Let's Change This Triple Timing" Flore Berne				7pm
8pm	Open Dancing		"Shape Shifting Patterns" Eric Byers (L3)	"Social Dance Success" Kay Newhouse (NWP)	8pm
9pm	ProAm Spotlight				9pm
10pm	SHOW	Allstar Strictly			10pm
	Pro Staff Jam				
	Dancing All Night Long		Competitors: check in 15 minutes before your contest begins!		



Handy links for competitors

Callbacks will be posted on the screen and on the Facebook group:



facebook.com/groups/swingfling

Scores will be shared at the end of the weekend:



eepr.com/results/2022

Self-Sorted Workshops

All= Appropriate for all levels.

L1= Fundamental patterns and techniques with basic partnering & musicality concepts.

L2= Requires fluent recall & application of pushes, passes, turns, whips, and basic variations.

L3= Complex patterns or detailed technique. Significant previous experience needed.

Leveled Workshops

Nov, Int, Adv, AS

Entry to these workshops is based on WSDC competition levels.

Look up your level:



worldsdc.com/registry-points



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Swingfling.com/compete

swingfling.com/safety

SATURDAY

Luray Ballroom

Cirrus BCD

Cirrus A

Rockbridge

10am		"Deep Stretch & Breath" Restorative Yoga with Jenna		10am	
11am	"Whip it good!" Jason & Annmarie		(All Levels) Erica Smith	11am	
12pm	Open Dancing	Newcomer J&J Warmup Kay Newhouse		12pm	
1pm	Jack & Jill	Novice, Newcomer <i>Prelim(s)</i>			
		Intermediate, Advanced Masters-Open <i>Prelim(s)</i>	"Good Stuff" (L2) Jes Ann & Edem		"Love Those Whips" (L1) Rob & Alyssa
		Open Dancing			
2pm				2pm	
3pm	Masters-Novice Newcomer <i>Final</i> ; Allstar <i>Prelim</i>	"Footwork" (L3) Thibault & Nicole	"Syncopations" (L1) Bonnie & Jerome	3pm	
4pm	Open Dancing			4pm	
5pm	"Tortoise and the Hare: The Rematch" Stephen & Lia			5pm	
6pm	Closed for Rehearsal	"One Foot Spins" Greg & Lemery (L3)	"Social Connection" (L1) Erica Smith	6pm	
7pm	"Extensions - Should we stay or should we go?" Ben Morris	"Novice J&J Critique" Stephen & Lia (Novice J&J)	"Play with Your Basics" Flore Berne (L1)	7pm	
8pm	Open Dancing			8pm	
9pm	SHOW	Rising Star Contest Superstar Show			
		Open Dancing			
		Jack & Jill Invitational			
	Dancing All Night Long	SWOUK Party		Location: Chesapeake Community Involvement Meetup w/Alyssa Arter <i>RSVP Requested</i> Pro Staff are available for private lessons! Check them out here:	

SUNDAY

11am	"Find Your Perfect Styling" Arjay Centeno	"Transitions" Ben Morris (L3)	"Better Spins" (L1) Debbie Tuttle Steffanina	11am
12pm	Open Dancing			12pm
1pm	ProAm Strictly New/Nov, Intermediate			How was Swing Fling? Let us know!
2pm	Open Dancing	"Free Arms" (L2) Gary & Susan	"Go Out Smiling" (L1) Jason & Annmarie	
3pm	Strictly Switch			
4pm	Novice, Int, Masters-Open			4pm
5pm	Open Dancing		NWP Wrap-Up	5pm
6pm	Advanced, Allstar <i>Spotlight</i>	"Glides It Is Then" Glenn Ball (L3)		6pm
8pm	Afterglow Party	#alwaysstaysunday		8pm

Let's do it again!



Nov 17-20, 2022
Hyatt Regency Dulles
DCSwingExperience.com



March 2-5, 2023
Hyatt Regency Reston
atlanticdancejam.com



August 10-13, 2023
Hyatt Regency Dulles
swingfling.com